

Rotary District 5390 District Grant Application

Your club must have an approved/qualified status from the District Stewardship Committee prior to submitting this District Grant Application

<u>Grant Applications for the upcoming Rotary Year are due by March 31st</u>
<u>Please submit to the District Grant Selection Committee</u>

Sponsoring Rotary Club: Kalispell Daybrea	ak
If other Rotary clubs are involved in the pro	ject, please list:
Project Title: Accessible Gardening Deck	for the Cancer Support Community
Project Start Date: 6/1/2017	Projected Completion Date: 11/01/2017
•	ription. This description will be used by the District Grant Community impact and the unmet need (s) this project will t. (Add as an attachment if necessary)
Please see attached description.	
-	the project and benefit to the Community. This is required by hen the District submits this grant request to RI. Be very concise ssary)
	o build an accessible gardening deck for the Cancer apeutic recovery process and establish the practices cancer patients and survivors.
Your project goals will align with which Area For more information please visit: www.rotary.org/r	
Peace & Conflict Prevention/Resolution	Maternal & Child Health
Disease Prevention & Treatment	Basic Education & Literacy
Water & Sanitation	Economic & Community Development



Rotary District 5390 District Grant Application

Amount of Grant Funds Requested (\$): \$4018.30							
Club Matching Contribution (\$): \$4018.30 (Please note this contribution must be greater than or equal to the amount of grant funds requested)							
# of Rotarians who will directly participate in the project: 10							
How will Rotary be identified at the project site?							
Rotary plaque on the deck.							
Provide a budget and identify how the requested funds will be spent. Your detailed budget must include the following:							
Estimated breakdown of expenses.							
 Will there be other sources of funding for the club project? If so, please list the additional source(s), and include their contribution: 							
 Does the project income (matching funds, grant funds, other sources of funding) match the project expenses? 							
If needed, please reference the SAMPLE District Grant Budget							
Please add an additional attachment if necessary							
(PLEASE RETAIN ALL RECEIPTS. If funds awarded are more than the invoices/receipts used to complete the project, the unused funds are required to be returned to Rotary District 5390)							
Please see attached budget document.							
Project Oversight Name, Email, Phone: Melissa Hulvat, mhulvat@krmc.org, (406) 212-9274							
Current Club President-Elect Name, Email, & Phone (will be club president during the grant year):							
Pierre Kaptanian, pkaptanian@firstmontanabank.com, (406) 407-0348							

District Grant Selection Committee:

Sue Carstens – Chair Phone: 406-270-2760 CarstensSue@gmail.com

Accessible Gardening Deck for the Cancer Support Community

Kalispell Daybreak Rotary- District Grant Application

Kalispell Daybreak Rotary is proposing to build an accessible therapeutic gardening space for the Cancer Support Community in Kalispell, Montana. The concept of therapeutic gardening in the care of cancer patients and survivors has long been established. Research reports that moderate physical activity such as gardening on a regular basis helps to reduce the side effects of cancer and its treatment, including depression, fatigue, and decreased strength.

At the Cancer Support Community, participants currently participate in a limited, "traditional" ground level gardening space. Not only do participants receive the therapeutic benefits, but they also produce the foods that are used in the cooking classes offered at the center, establishing added value for the activity and resources currently available. Unfortunately, not all participants can access this space due to mobility and physical limitations that are sometimes present due to the cancer treatments being undertaken. This proposal is to transform an unused outdoor space into a deck that is accessible to participants of differing mobility levels where they can sit and tend their respective gardens in raised beds (please see the attached image and project renderings).

Kalispell Daybreak Rotarians will work under the supervision of the construction department of Kalispell Regional Hospital to construct the improved deck space and raised gardens. Daybreak Rotarians will purchase the needed construction materials and provide the labor to construct the improvements. This project will provide every Cancer Support Community participant the opportunity to garden as part of the recovery and therapy process. Additionally, the Cancer Support Community values the experience this provides their participants and the skills that it builds. As therapy does not end with time at the center, this activity can be transferred to home gardens and establish the habits that provide survivors with physical activity and healthy eating throughout their lives.

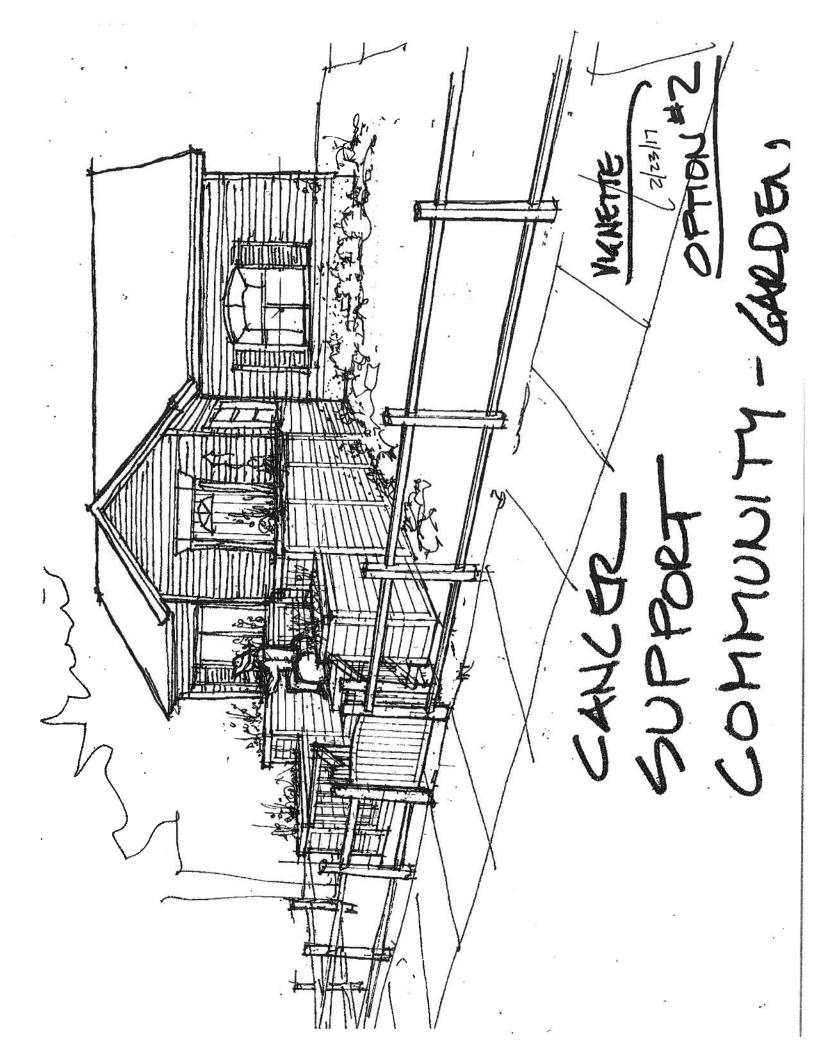


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Rotary District Grant -- Project Budget Kalispell Daybreak Accessible Gardening Deck for the Cancer Support Community

				Source of Funds		
Qty	Description	Unit Price	Line Total	District Grant	Kalispell Daybreak	In Kind
40.00	2 X 4 X 12 redwood	\$ 10.00	\$ 400.00	\$ 200.00	\$ 200.00	
90.00	2 X 6 X 8 redwood	12.00	1,080.00	\$ 540.00	\$ 540.00	
26.00	2 X 6 X 12 redwood	18.00	468.00	\$ 234.00	\$ 234.00	
25.00	2 X 8 X 8 treated	15.00	375.00	\$ 187.50	\$ 187.50	
6.00	2 X 8 X 12 treated	17.00	102.00	\$ 51.00	\$ 51.00	
6.00	2 X 12 X 8 redwood	24.00	144.00	\$ 72.00	\$ 72.00	
12.00	4 X 4 X 8 redwood	17.00	204.00	\$ 102.00	\$ 102.00	
20.00	2 X 4 X 8 fir shed	3.00	60.00	\$ 30.00	\$ 30.00	
5.00	sheeting for shed	20.00	100.00	\$ 50.00	\$ 50.00	
3.00	siding for shed	18.00	54.00	\$ 27.00	\$ 27.00	
2.00	yards of concrete	94.00	188.00	\$ 94.00	\$ 94.00	
1.00	concrete delivery charge	70.00	70.00	\$ 35.00	\$ 35.00	
4.00	quick tubes	10.00	40.00	\$ 20.00	\$ 20.00	
1.00	landscape mat	50.00	50.00	\$ 25.00	\$ 25.00	
1.00	equipment rental	250.00	250.00	\$ 125.00	\$ 125.00	
1.00	screws and nails, and hardware for shed	250.00	250.00	\$ 125.00	\$ 125.00	
6.00	metal base	20.00	120.00	\$ 60.00	\$ 60.00	
48.00	joist hangers	1.70	81.60	\$ 40.80	\$ 40.80	
200.00	hours of labor	20.00	4,000.00	\$ 2,000.00	\$ 2,000.00	
100.00	Rotary Labor	10.00	1,000.00	l		1,000.00
		Total	\$ 9,036.60	\$ 4,018.30	\$ 4,018.30	\$ 1,000.00