



## District Grant Final Report 2018-2019

This report must be completed and uploaded on [matchinggrants.org](http://matchinggrants.org) within 30 days after completion of the project but no later than 2 years after the date of approval of the project.

**District Grant #** P-1936

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Rotary Club: Rotary Club of Laramie, Wyoming

Project Title: Suicide Prevention

### **Project Description:**

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1. Briefly describe the project. What was done and where did the project activities take place? Explain how the beneficiaries and other community members were involved?

*In the 2014 - 2015 school year, Laramie and Albany County experienced an unacceptable level of suicides in its schools. In response, an Albany County Suicide Prevention Task Force was created. Task Force members first created a talk and text suicide prevention hot line. After the hot line was in operation, Task Force members researched suicide prevention programs and found very good ratings for an evidence-based program called Sources of Strength. The Laramie Sources of Strength program began with two Albany County schools in the 2015 - 2016 school year. The Task Force now sponsors Sources of Strength in all four Albany County schools, the University of Wyoming, and the Albany County Campus of Laramie County Community College. The Task Force also is continuing to promote its talk and text suicide prevention hot line. Sources of Strength and the hot line has been funded by contributions from Rotary, Kiwanis, and a grant from The Foundation for the Episcopal Diocese of Wyoming. The Laramie Rotary Club pledged \$1,500 to help support the Task Force's Laramie suicide prevention efforts for school year 2017 - 2018.*

*This Centennial Grant helped provide the necessary funds to continue to provide Sources of Strength training and support services to all schools in Albany County. The activities for which this Centennial Grant helped to fund took place at each of the Albany County Public Schools, the University of Wyoming and Laramie County Community College (Albany County Campus). Rotary members involved in the project*

*included former Past President of the Laramie Rotary Club, Robert Leonard, (who is the chairman of the Task Force) helps with the coordination of the Sources of Strength program, and about three (3) other Rotary Club members are on the Task Force board. Other participants included staff from each educational institution involved. Funds from this Centennial Grant helped fund Sources of Strength training sessions and materials at each of the participating schools, including supplies and meals for the trainers and participants throughout the 2017-2018 Rotary year.*

2. How many Rotarians participated in this project? Approximately four. Robert Leonard (Former Laramie Rotary Club Past President), is the chair of the Suicide Prevention Task Force, and spearheaded the efforts on this project.

3. What did they do? Please give at least two examples.

*Robert Leonard, Chair of the Suicide Prevention Task Force, provided leadership and support in researching the Sources of Strength program and the subsequent training sessions within the member schools in Albany County, Wyoming, the University of Wyoming and the Albany County Campus of Laramie County Community College (LCCC).*

*Other Rotary Club members such as Jenny Eisenhauer*

4. How many non-Rotarians benefited from this project? Many: We feel this project has benefited all of Albany County, particularly the youth. Although the task force and Sources of Strength program in and of themselves cannot prevent suicides from happening, they have provided the youth of a place to safely seek out for help as they deal with complex emotional issues that might otherwise lead to suicide.

5. Who are the beneficiaries and what is the expected long-term community impact of this project?

*The beneficiaries of this project are the residents of Albany County, and in particular the youth. During the teenage years and early 20s, our youth can experience many difficult emotional and physical issues that can lead them to dark places with seemingly no one to turn to. We feel the Albany County Task Force, Suicide Prevention Hot Line and Sources of Strength program has already greatly benefitted the communities of Albany County, and will hopefully become an even greater outreach into the future. As a result of this Centennial Grant, the Laramie Rotary Club membership was able to see the great benefits the task for and Sources of Strength program have brought to Albany County, and the Laramie Rotary Club has since made the decision to support this cause with an annual donation of \$2,000.00 moving forward.*

6. If a cooperating organization was involved, what was their role?

*The Kiwanis Club of Laramie is also a significant contributor to the Albany County Suicide Prevention Task Force and Hot Line, as they provide the funding for the Hot Line, as well as assist in the funding of the Sources of Strength program.*

7. Income:

Income Source	Amount
Laramie Rotary Club	\$727.95
Rotary District 5440 Centennial Grant	\$1,000.00
<b>Total Project Income</b>	<b>\$1,727.95</b>

8. Expenditures: (number receipts starting with 1 and indicate a receipt # (s) for each expenditure) (Do not include travel expenses)

If international project convert amounts to US dollars	Receipt # (s)	Budgeted Amount	Actual Amount
<b>Laramie Rotary Club Contribution</b>			
Sources of Strength Training, 11-14-2017	Walmart		\$119.93
Sources of Strength Weekly Meeting, 11-1-2017	Ridleys		\$11.28
Sources of Strength Gathering, 10-12-2017	Ridleys		\$43.39
Sources of Strength Weekly Meeting, 10-5-2017	Ridleys		\$8.98
Sources of Strength Weekly Meeting, 9-14-2017	Domino's Pizza		\$44.37
<b>Laramie Rotary Payment Made 11-30-2017</b>		<b>\$227.95</b>	<b>\$227.95</b>
<b>Laramie Rotary Plus District Centennial Grant Contribution to Sources of Strength</b>			
Sources of Strength Sustaining School(s), includes licensing, materials, and support access. Invoiced on 4/13/2018. Note, Laramie Rotary responsibility for Invoice #1986 is for 50% of the \$3,000.00 amount. Another organization took care of the other 50%.	1986	<b>\$1,500.00</b>	<b>\$1,500.00</b>
District 5440 Contribution	1986	\$1,000.00	\$1,000.00
Laramie Rotary Club Contribution	1986	\$500.00	\$500.00
<b>Total project expenditures</b>		<b>\$1,727.95</b>	<b>\$1,727.95</b>

9. Please explain any variance of more than 5% between the budgeted amount and the actual amount including the reason for the variance and why the alternative was chosen.

10. Project score (5=strongly, 4=agree, 3= neutral, 2=disagree, 1=strongly disagree)

	Project Score	Comments
The overall project was successful	4	Project is Expanding & Laramie Rotary will continue to support.
The grant process worked well	3	My first time through this project, and so there were some bumps.
My interaction with partner clubs was good	3	No other partner clubs participated
We achieved the results we expected	4	Yes, and we will continue to support this project from the club level.

11. Did you upload photos in your project on matchinggrants.org under the Photos tab? (If not, please do so) *No, we have not done this, but we will try and get this done in the near future.*

12. What worked well on this project and why? *(Bob, Could you provide more insight on this question? I am mostly guessing on this one) The training sessions went well because the Sources of Strength program is a well-established program, and they run their training sessions efficiently.*

13. What did not work well and how would you suggest improving it? *I am not aware of any significant issues with the project, however it is a struggle sometimes getting programs like this started initially from a buy in standpoint at the school district and University levels. It has taken about three years to get all the schools in Albany County, the University of Wyoming and the Albany County Campus of Laramie County Community College all on board.*

14. How was this project publicized?

Through the Albany County Suicide Prevention and Laramie Rotary.

Project Inventory

Please list all items provided in this grant that are over \$75 in value and are not expendable.

Item Purchased	Date of Purchase	Cost	Destination/ Location	Comments

By signing this report, I confirm that to the best of my knowledge these District Grant funds were spent only for eligible items in accordance with Trustee-approved guidelines, and that all the information contained herein is true and accurate. Receipts for all grant-funded expenditures are attached. I also understand that all photographs submitted in connection with this report will become the property of RI and will not be returned. I warrant that I own all rights to the photographs, including copyright, and hereby grant the District, RI and TRF a royalty free irrevocable license to use the photographs now or in the future, through the District and the world in any manner it so chooses and in any medium now known or developed. This includes the right to modify the photographs as necessary in the District's and RI's sole discretion. This also includes, without limitation, use on or in the web sites, magazines, brochures, pamphlets, exhibitions and any other promotional materials of the District, RI, and TRF.

**Please attach all receipts or an invoice and a copy of the check used to pay the invoice. Funds over \$100 not used must be returned to the district grants treasurer.**

Certifying signature of primary contact

*Timothy D. Eisenhauer* Date: *03/01/2019*

Print name

*TIMOTHY D. EISENHAUER*

**Upload this report on [matchinggrants.org](http://matchinggrants.org) in .pdf format only**

## Deposit Summary

6/18/2018 9:19 AM

Summary of Deposits to 1010 · ANB Bank on 11/16/2017

<b>Chk No.</b>	<b>PmtMethod</b>	<b>Rcd From</b>	<b>Memo</b>	<b>Amount</b>
45650906	Check	Rotary District 5440	for Suicide Prevention	1,000.00
<b>Less Cash Back:</b>				
<b>Deposit Total:</b>				<b>1,000.00</b>

9:20 AM

06/18/18

Accrual Basis

**Laramie Rotary Club**  
**Transaction Detail By Account**  
July 1, 2017 through June 20, 2018

Type	Date	Num	Adj	Name	Memo	Clr	Split	Debit	Credit	Balance
<b>4200 · Local - Contributions</b>										
<b>1150-D Suicide Prevention Taskf</b>										
Check	11/30/2017	7999		Nichol Bondurant	Suicide Preve...		1010 · ANB Bank	227.95		227.95
Check	04/18/2018	8048		Sources of Strength I...	INV 1986		1010 · ANB Bank	1,500.00		1,727.95
Total 1150-D Suicide Prevention Taskf								1,727.95	0.00	1,727.95
Total 4200 · Local - Contributions								1,727.95	0.00	1,727.95
<b>TOTAL</b>								<b>1,727.95</b>	<b>0.00</b>	<b>1,727.95</b>

## Nicole Nelson

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**From:** Tim Eisenhauer <time@baker-eng.com>  
**Sent:** Friday, April 13, 2018 10:27 AM  
**To:** Nicole Nelson  
**Cc:** Tim Eisenhauer; bleonard@laramielaw.com  
**Subject:** FW: Highway Clean up Day  
**Attachments:** Invoice\_1986\_from\_SOURCES\_OF\_STRENGTH\_INC.pdf

Nicole,

After you left the Board meeting yesterday, the Board voted to increase our support for this years budget to the Suicide Prevention Task Force. We voted to pay 50% of the Sources of Strength licensing fee of \$3,000.00. In other words, we voted to pay \$1,500.00 of the \$3,000.00 bill that is attached to this email. Bob Leonard will be bringing you a copy of this invoice. You are authorized to write a check in the amount of \$1,500.00 toward the licensing fee for Sources of Strength.

Let me know if you have any questions or if I need to provide further justification (meeting minutes) regarding the Boards approval of an increased budget for Suicide Prevention.

Thanks for all you do for Rotary.

**Timothy D. Eisenhauer, PE** | Project Manager

**Baker & Associates | Studio 120 Architecture**

2161 North 16th Street, Laramie, WY 82072

Cell: (307) 630-6413 | [time@baker-eng.com](mailto:time@baker-eng.com)

[baker-eng.com](http://baker-eng.com) | [studio120architecture.com](http://studio120architecture.com) | [facebook](https://www.facebook.com)

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**From:** Robert Leonard [[bleonard@laramielaw.com](mailto:bleonard@laramielaw.com)]  
**Sent:** Friday, April 13, 2018 10:19 AM  
**To:** Tim Eisenhauer  
**Subject:** RE: Highway Clean up Day

Tim:

I just received the invoice from Sources of Strength. A copy is attached. I will print and take a copy next door to the accountant's offices. Thank you for your support of the program.

Robert H. (Bob) Leonard  
Prehoda, Leonard & Edwards, LLC  
P. O. Box 789, Laramie, WY 82073  
(307) 742-7896 Fax (307) 742-9799  
[www.laramielaw.com](http://www.laramielaw.com)

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**From:** Timothy Eisenhauer <[time.baker-eng.com@clubrunner.email](mailto:time.baker-eng.com@clubrunner.email)>  
**Sent:** Friday, April 13, 2018 10:13 AM  
**To:** Robert Leonard <[bleonard@laramielaw.com](mailto:bleonard@laramielaw.com)>  
**Subject:** Highway Clean up Day

# Suicide Prevention

**Robert Leonard**

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**From:** Nichol Bondurant <nbondurant@acsd1.org>  
**Sent:** Wednesday, November 29, 2017 4:35 PM  
**To:** Robert Leonard  
**Subject:** Receipts for Sources of Strength Fw: Scanned from a Xerox Multifunction Printer  
**Attachments:** Scanned from a Xerox Multifunction Printer.pdf

Hello.

Here are the receipts I used this semester for Sources of Strength. Thank you again for helping us through this generous grant. Students seem super motivated after the training. We are excited to do a big event soon during an I&E that involves the entire school. Thanks again so much! (I do know that Will Plumb also has a receipt for the pizza we purchased for the big training on Nov. 15th--we had a great turn out and I can get the numbers for you from Bryon Lee tomorrow. 😊)

Nicki

Here's the receipts for the semester:

11-14-2017 for the Sources of Strength training: Walmart, \$119.93 ✓

11-1-2017 for Sources of Strength weekly meeting: RIDLEYS (part of receipt purchases) \$3.99 for chocolate chip cookies and \$7.29 for mini-muffins = \$11.28 ✓

10-12-2017 for Sources of Strength monthly Birthday party celebration and celebration of hard work from original members: RIDLEYS \$43.39 ✓

10-5-2017 for Sources of Strength weekly meeting: (part of receipt purchases) Apples \$2.49; Donuts \$6.49; RIDLEYS \$ 8.98 ✓

9-14-2017 for Sources of Strength inaugural meeting of Fall 2017 with thank you for work during orientation by students  
Domino's Pizza: \$44.37 ✓

TOTAL to Reimburse: \$227.95

Nichol Bondurant  
1327 M.11 Street  
Lavamre 82072

*Be kind whenever possible. It is always possible. ---  
Tenzin Gyatso, the 14th Dalai Lama*



UOY NNAHT

See back of receipt for your chance to win \$1000  
ID: 007LZTCUR91KL

Walmart  
Save money. Live better.

(307) 745 - 6100  
LANABER JOSHUA WATSON  
E: GRAND AVE  
LARANIE, WY. 82070

STN 01412	OPN 000047	TRN 10	TRN 02440
RICE KRISPI	00380000778	F	9.98 0
POP TARTS	003800056173	F	9.98 0
LS. PER. 110Z	002200001124	F	6.98 0
CHOC	003400024334	F	9.98 0
BU CHOC 24CT	007874205971	F	3.78 0
POP TARTS	003800056173	F	9.98 0
** VOIDED ENTRY **			
POP TARTS	003800056173	F	9.98 0
SR CH CK DNT	007874299062	F	2.78 0
PLASTIC CUPS	060113192593	F	2.58 X
PLASTIC CUPS	060113192593	F	2.58 X
DONUTS	007874290471	F	3.98 0
BU 250 FHL	007874223340	F	1.88 X
PAPER PLATES	007874222912	F	2.58 0
BU JCE	007874222953	F	2.48 0
LEMONADE BAL	061300871993	F	2.78 0
SHEET TEA	007874208294	F	2.37 0
BRN CRN CC	007874211361	F	2.98 0
PUMP CC	007874200692	F	2.98 0
12CT. CHOC	007874225400	F	2.98 0
MINT CKIES	007874209951	F	2.98 0
MINT CKIES	007874209951	F	2.98 0
3 ORANGES	060504936670	F	4.97 0
APPLE 3 BAG	003330300744	F	3.44 0
BAHANAS	000000004011	F	1.29 0
PEPPERHUS	060113113848	F	1.79 0
APPLE TRAY	060113118012	F	1.99 0
APPLE TRAY	060113118012	F	1.99 0

\*\* VOIDED ENTRY \*\*

APPLE TRAY	060113118012	F	1.99 0
VEG TRAY	060113118070	F	0.84 0
BU 35PK DR	007874207203	F	1.33 0
SUBTOTAL 119.37			
TAX 1 (6:000) 0.56			
TOTAL 119.93			
DEBIT TEND 119.93			
CHANGE DUE 0.00			

EFT DEBIT PAY. FROM: PRIMARY  
119.93 TOTAL PURCHASE

US DEBIT \*\*\*\* \* 2299 1.0  
REF # 731900108390  
NETWORK ID: 0056 APPR CODE 1006467

US DEBIT  
AID: 8000000980840  
TC: 7E00B36C5009A2E0  
Pin: Verified  
TERMINAL: SC011191

11/14/17 06:59:40  
ITEMS SOLD 28

TCH 2492 223203102071206426

Low Prices You Can Trust. Every Day.  
11/14/17 10:18:59:47  
Store receipts on your phone. Walmart Pay.





RIDLEY'S FAMILY MARKETS  
 3112 GRAND AVE  
 LARAMIE, WY  
 WWW.SHOPRIDLEYS.COM

11/01/2017 07:34:23  
 Total: USD\$ 16.21  
 US DEBIT Entry Method: Chip  
 CARD #: XXXXXXXXXXXX2299  
 PURCHASE - APPROVED  
 AUTH CODE: 286392

Mode: Issuer-PIN Verified  
 AID: A000000980840  
 PIR: 8080048000  
 PAD: 06010A03A00000  
 PCSI: 300 ARC: 00  
 PUID: 200\*90 TID: 001 RRN: 073178

CUSTOMER COPY

BAKERY  
 CHOCOLATE CHIP SIGNA 3.99 F  
 LMP PNY MINI MFFN 7.29 F

DAIRY  
 FLAT WHITE - GRANDE 4.85 T

SUB TOTAL \$15.93  
 TOTAL TAX \$0.28  
 TOTAL \$16.21

DEBIT CARD \$16.21  
 [S] XXXXXXXXXXXX2299  
 Auth# 286392  
 Exp. Date: 00/2000

CHANGE \$0.00

Total number of items sold = 3

Cashier: 0407 Name: Danielle  
 Store: 1131 POS: 007 Transaction: 0010  
 Wednesday, November 01, 2017 07:33 AM

THANK YOU FOR SHOPPING AT RIDLEY'S!  
 MANAGER: Dan Kelly  
 STORE: 307-742-8146  
 PHARMACY: 307-745-7246

\*Advantage Card #41988797796

You earned 15 Points  
 with this purchase



RIDLEY'S FAMILY MARKETS  
3112 GRAND AVE  
LARANIE, WY  
WWW.SHOPRIDLEYS.COM

10/12/2017  
Purchase:  
Cashback:

07:25:31  
\$28.39  
\$15.00

Total:  
US DEBIT  
CARD #:  
PURCHASE  
AUTH CODE: 610537

Entry Method: USD\$ 43.39 chip  
XXXXXXXXXXXX2299 - APPROVED

Mode:  
AID:  
TVR:  
PAD:  
TSI: 6800  
MID: 200490

Issuer-PIN Verified  
A00000090084r  
808C  
06010A03A00000  
ARC: 00  
RRN: 053519

TID: 001  
CUSTOMER COPY

**GROCERY**  
DOVE SILKY SMOOTH MC  
2 @ 3.00  
HRSH YORK PMINT SNK  
2 @ 3.50  
KITKAT ORANGE SNACK  
WRIGLEY 5 COBALT

6.00 F  
7.00 F  
3.50 F  
1.49 F

**GM**  
CPP POSTER BOARD WHT  
4 @ 0.45

1.80 T

**BAKERY**  
MARBLE CAKE 1/4 SHEE

8.49 F

SUB TOTAL  
TOTAL TAX  
TOTAL

\$28.28  
\$0.11  
\$28.39

DEBIT CARD  
[S] XXXXXXXXXXXXXXX2299  
Auth# 610537  
Exp. Date: 00/2000

\$43.39 ✓

CHANGE

Total number of items sold = 11 \$15.00

**YOU SAVED 4.95!!!**

Cashier: 0614 Name: G1pa  
Store: 1131 POS: 005 Transaction: 0022  
Thursday, October 12, 2017 07:24 AM

THANK YOU FOR SHOPPING  
MANAGER



RIDLEY'S FAMILY MARKETS  
 3112 GRAND AVE  
 LARANTIE, NY  
 WWW.SHOPRIDLEYS.COM  
**DUPLICATE RECEIPT**

GROCERY  
 WF HONEY CRISP APPLE 2.49 F

BAKERY  
 ASST. DOZEN DONUT 6.49 F

DAIRY  
 ICED CCNT MILK MCHA 4.25 T F

SUB TOTAL \$13.23  
 TOTAL TAX \$0.26  
 TOTAL \$13.49

DEBIT CARD \$13.49  
 [S] XXXXXXXXXXXXX2299  
 Auth# 685259  
 Exp. Date: 00/2000

USAGE \$0.00

Total number of items sold 3

www.ridleys.com

You earned 13 Points  
 with this purchase.

My Points Summary



SOURCES OF STRENGTH INC  
P.O. Box 27032  
Lakewood, CO 80227  
(701) 426-9057  
cody@sourcesofstrength.org  
www.sourcesofstrength.org



# INVOICE

**BILL TO**  
Albany County Suicide  
Prevention Task Force

INVOICE # 1986  
DATE 04/13/2018  
DUE DATE 05/13/2018  
TERMS Net 30

DATE	ACTIVITY	QTY	RATE	AMOUNT
04/13/2018	Sources of Strength Sustaining School(s), includes licensing, materials, and support access.	6	500.00	3,000.00

Federal Tax ID # 45-0451560  
Make payment to  
Sources of Strength, Inc.  
P.O. Box 27032  
Lakewood, CO 80227

**BALANCE DUE**

**\$3,000.00**

Of the \$3,000.00,  
Laramie Rotary  
with District 5440  
Centennial Grant  
contribution is  
\$1,500.00.