

**Spirit Crossing Clubhouse**  
125 Crestridge Street, Fort Collins, CO 80525  
970-493-4053



**Proposal for Rotary District Matching Grant – July 2019**  
**Presented to Fort Collins Rotary Club – Breakfast Community Service Committee - May 21, 2019**  
**Presented to Rotary Matching Grant – June 1, 2019**

### **Project Summary**

This matching grant proposal seeks \$4000 in Rotary District matching funds, with \$4000 contributed from Fort Collins Rotary Club Breakfast for project total of \$8000. This grant is to support the construction of alternate items not included in a remodel project budget equal to \$10,000 including salad bar cabinetry, countertop, wellness room cabinetry and new group dining furnishings. Other charitable and corporate sources are asked to contribute balance of expenses for these enhancements.

Spirit Crossing Clubhouse opened in 1998 as a rehabilitation program of SummitStone Health Partners (agency). Due to agency growth, many facility changes are underway, including the relocation of the Clubhouse. This location is a larger facility and greatly improves accessibility to the program for its current and new program participants (aka Clubhouse members). Remodel construction of this facility began May 6, 2019, with projected completion the end of July 2019. Total construction project costs over \$500,000 that include install of commercial kitchen facility and upgrades to meet zoning requirements for accessibility. Spirit Crossing Clubhouse is anticipating an increase of services to 30 adults a day, a 45% increase within 2 years of relocation. Currently Clubhouse serves an average of 17 to 20 day, 85 individuals per month, 250 a year.

The Clubhouse will continue to operate all current services of the daily meal program, media and clerical work, and wellness education, as well as Supported Employment and Education services in this new location. The items built with these grant funds will enhance facility space and provide necessary furnishings so that Clubhouse members can work, learn, and socialize in an environment that is professional, organized and conveys dignity and respect.

A project report, budget and additional information will be provided upon request. Future involvement with the Fort Collins Rotary Club Breakfast will include opportunity for holding an off-site meeting in the new facility and hands on service projects for program enhancement. Project examples may include: building of exterior garden beds and patio pergola, mentoring Clubhouse members through providing professional informational interviews, and giving mock interviews, vocational talks, and education tutoring to members. Spirit Crossing Clubhouse will also explore ways to acknowledge the Rotary Club for this contribution through public relations/social media and an onsite Rotary signage.

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## **Spirit Crossing Program Description**

### **Our mission:**

To support adults with mental health disorders as they pursue their personal, social, financial and vocational goals.

We believe one's wellness depends upon experiencing positive work opportunities, meaningful social relationships, having one's skills and talents needed by others and promoting independence through community involvement. The Spirit Crossing community seeks to reduce the stigma of mental illness through community education and outreach programs.

Spirit Crossing Clubhouse is an accredited member of the Clubhouse International, a world-wide organization of 300 Clubhouse's in 32 countries that all follow the Clubhouse Model of Rehabilitation, an evidenced based practice (SAMSHA/NREPP 08/2010). Unique to behavioral health care in Larimer County, the Clubhouse provides a variety of recovery opportunities in a supportive, work oriented community. Members and staff work side-by-side in all operations of the program. Clubhouse membership is voluntary and considered lifetime and all members have opportunities for supported employment, supported education, and wellness.

### **Demographics**

- 6 staff (1 Director, 4.5 FTE Vocational Counselors)
- **250** Individuals served annually
- Average Monthly Attendance = **85** individuals, with 1:21 staff/member ratio
  - Daily average attendance = **17 to 20** members
  - Current members employed in competitive work = **56**
  - Current members enrolled in educational training = **6**
  - Total membership since 1998 = **940**
  - Members by age: 18 – 26yrs = 15%
  - 27 – 35yrs = 30%
  - 36 – 50yrs = 45%
  - 51 – 70yrs = 10%

Clubhouse participants are not charged for any Clubhouse programs or services. Medicaid is the primary funding source for Clubhouse services. Approximately 60% of Clubhouse members have Medicaid, while 40% of members receive long term disability Medicare or no payer source for Clubhouse services. SummitStone Health Partners supplement non-payer sources and cover all operational costs of the Clubhouse programs.

Referrals to the Clubhouse are accepted from therapists at SummitStone Health Partners, as well as from private behavioral health providers and the Colorado Division of Vocational Rehabilitation.

**Community involvement** includes engaging volunteers on the **Spirit Crossing Advisory Board**. The Advisory Board focuses on public relations/fundraising, employment development and supported education. Fundraising efforts are community-based with the purpose of promoting mental health and wellness. Funds support members and staff in the completion of annual training and program development on the Clubhouse model, sustaining emergency assistance funds, and other special projects or activities. Spirit Crossing provides internship opportunities for bachelor and master level students completing degrees in applied sciences through Colorado State University, University of Denver, and University of Northern Colorado. Clubhouse colleagues also seek out other community service projects annually by partnering with other service groups such as CSUnity /CSU-CMcares, the United Way, Fort Collins Rotary Club Breakfast, and the City of Fort Collins.