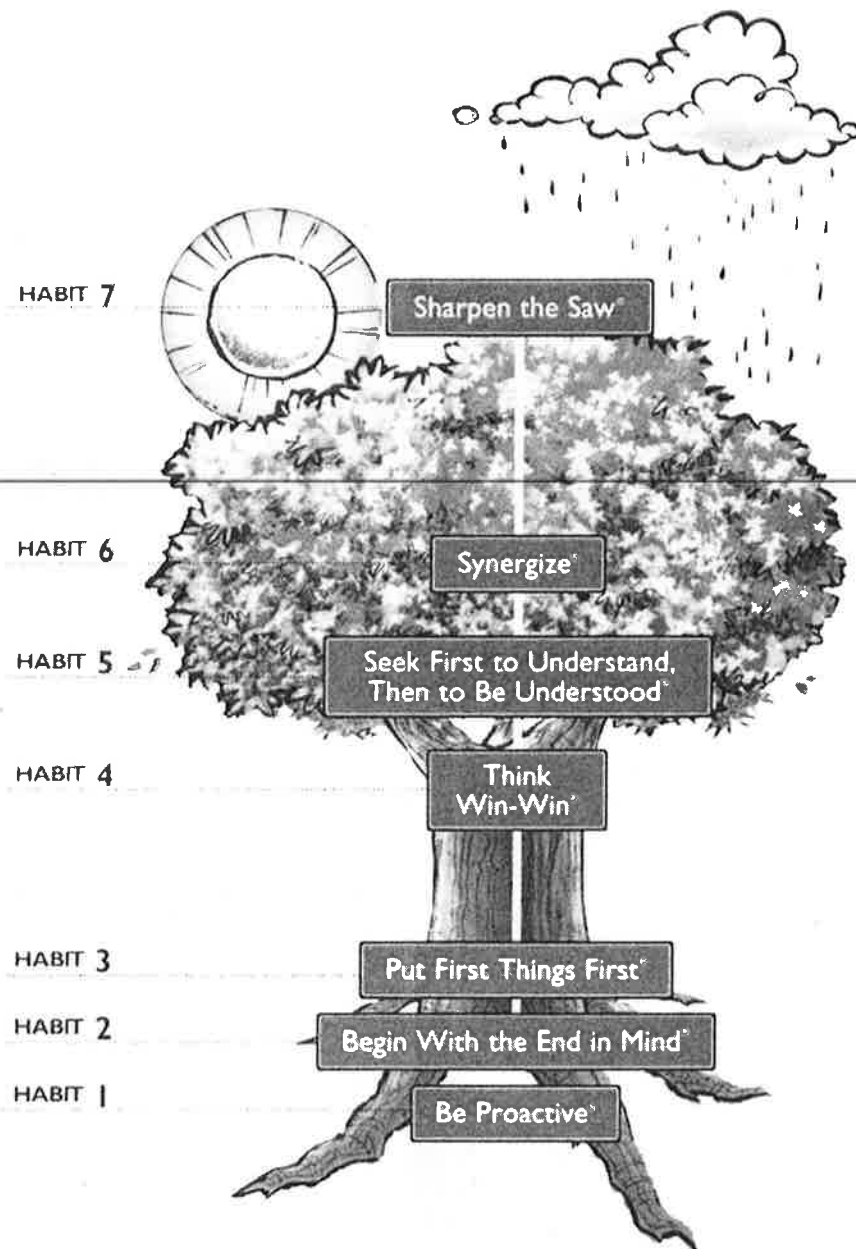




## Teach 21st Century Skills in Class

LEAD journals guide students on a leadership journey of self discovery and uncovering true potential.

Teens need help navigating the many challenges and choices they face during these critical developmental years. LEAD journals help them do that with examples of real-life situations that illustrate critical leadership skills in action including relationship building, organization, teamwork, life balance, and planning. The journals also include activities that provide students opportunities to be creative, work in teams, be active, engage with digital content, and share their thoughts in group sessions.



## 7 Habits Training for Students

7 Habits training is a critical part of *Leader in Me* for students—Student Leadership Guides help deliver that content.

This series teaches students the same essential principles teachers learn in 7 Habits training with content and examples geared specifically towards young teens. Each level addresses key leadership concepts, ensuring a year’s worth of lessons designed to help every student engage and participate in their school’s leadership culture.

The 7 Habits key concepts can be integrated into just about any subject or activity—during class lessons, assemblies, morning announcements, family nights, or extracurricular events, ensuring a culture of leadership are woven into every aspect of a student’s learning community.

## Student Development

Develop life-ready students by integrating the 7 Habits and 4DX into daily school routines.

*Leader in Me* provides schools with a model to help foster life-ready leadership skills by creating a leadership culture. Learn how *Leader in Me* helps schools develop students for success, both academic and otherwise.

### Student Development

Teachers can enhance classroom discussion and teach leadership principles by sharing the more than 50 award-winning videos found exclusively in *Leader in Me Online*.

### Leader in Me Online

## How the Lessons are Organized

Each grade level (6–9) covers 40 key leadership concepts in an age-appropriate manner, categorized by the 7 Habits and other foundational topics.

These lessons include group discussions, individual reflections, kinesthetic activities, online-learning tools, and formative assessments, providing an engaging and multifaceted learning experience for students.

## Introduction

### Foundation and Reflection

- Leadership-It's a Choice
- 7 Habits of Highly Effective Teens®
- Paradigms
- The 8th Habit®: Find Your Voice
- Leadership Tools

## Habit 1

### Be Proactive®

- Freedom to Choose
- Proactive and Reactive (Initiative)
- Circle of Control vs. Circle of No Control
- Carry Your Own Weather
- Change Agent

## Habit 2

### Begin With the End in Mind®

- Mental Creation Precedes Physical Creation
- Character and Competence
- Principle-Centered Living
- Personal Mission Statement
- Goal Setting and Tracking

## Habit 3

### Put First Things First®

- Urgent vs. Important
- Time Management (Matrix)
- Weekly Planning (Big Rocks)
- Saying No
- Being Strong in Difficult Moments

---

### Habit 4

### Think Win-Win®

- Relationships
- Win-Win or No Deal
- Courage and Consideration
- Relationship Bank Account
- Win-Lose

### Habit 5

### Seek First to Understand, Then to Be Understood®

- Genuine Listening
- Listening With Your Ears
- Listening With Your Heart
- Giving “I” Messages
- Public Speaking

### Habit 6

### Synergize®

- $1+1=3$

- Valuing and Celebrating Differences in
- Diversity
- Barriers to Synergy
- The 3rd Alternative®

## Habit 7

### Sharpen the Saw®

---

- A Balanced Life
- Body
- Brain
- Heart
- Soul