



December 11, 2023

Rancho Bernardo Rotary Club Foundation  
c/o Athenea Luciano  
PO Box 28501  
San Diego, CA 92198

Dear Athenea:

On behalf of all of us at Vista Hill, thank you so much for the Rancho Bernardo Rotary Club Foundation's generous Underwriting donation of \$4,000.00, in support of Vista Hill Council on Mental Health's lunch program, *Screen Time – How Much is Too Much?* with guest speaker Dr. Jean Twenge, author of *iGen: Why Today's Super-Connected Kids Are Growing Up Less Rebellious, More Tolerant, Less Happy – and Completely Unprepared for Adulthood.* The event was held on Friday, November 10, 2023.

We truly appreciate your support to the Vista Hill Council on Mental Health. Your contribution is helping to further Vista Hill's mission of providing individualized help and positive support to those who are in need thereby improving their quality of life. Through education and outreach, we aim to increase awareness and knowledge of mental health challenges, intellectual and developmental disabilities, and the effects they have on families.

**\*Save the Date: Vista Hill Fashion Show – Friday, April 19, 2024**

With gratitude,

A handwritten signature in black ink that reads "Rachel Peniche".

Rachel Peniche  
Executive Director  
Friends of Vista Hill

A handwritten note in black ink. It starts with "Athenea" followed by a horizontal line. The text reads: "Please know how much this amazing contribution means to us. We appreciate your loyalty and commitment to Behavioral / mental Health. Rachel".