

Individual Project Final Report

Please complete, print, sign, scan and upload this report into your project's Documents tab. In addition to this form, include all invoices (be sure they are marked "paid"), receipts, and/or copies of checks for the full amount of the project budget.

Rotary Club: Homer Downtown

Project Title: Undoing the Knot of Violence

Project Description

1. Describe the project. What was done, when, and where did project activities take place?

This was a two-pronged project aimed at coping, dealing, and decreasing violence in our community and in people's homes. The first part involved scholarships to a three-day nature camp for fifth-grade girls who had experienced adverse treatment – abuse that was either physical or verbal – in their homes or in their schools. The purpose was to provide activities to increase their self esteem, as well as their ability to work in cooperation with others in a healthy and healing environment. That camp was held at the Center for Alaskan Coastal Studies nature center across Kachemak Bay. A secondary part of the project involved leadership training for teenage girls.

The second part of the project was broader, targeting the entire community. Training sessions were held throughout the community, both public and at various workplaces. Participants were given activities that helped them be able to recognize impending violent situations and to learn how they might defuse the situation and prevent violence from taking place. Training sessions were held – and are still being held -- at various locations throughout Homer.

2. How many people benefited from this project? 56 directly,
many more
indirectly

3. Who were the beneficiaries, how were they impacted by this project, and what humanitarian need was met?

In part one, eight under-privileged girls, 8-10 years old learned skills and developed friendships that can help them to overcome the adverse conditions they previously experienced. It helped them to learn that not only are healthy relationships possible but they can foster and contribute to their development as well. The two youth leaders developed skills in time management, group management, anger management and in dealing with difficult and uncomfortable situations. Their work with the girls was invaluable in helping participants get the most benefit from the program.

In part two, 46 employees of the City of Homer participated in three four-hour training sessions, involving interaction and engagement, as well as manipulation of learning aids. "Not only are they newly prepared to stop, interrupt, and reduce violence by creating environments where violence is less likely to occur, but they are equipped to break the silence and talk about these issues to promote safety in their spheres of influence," according to program coordinator Rachel Romberg.

4. How many Rotarians participated in the project? None directly

5. What did they do? Please give at least two examples, not including financial support provided to the project.
Our participations was strictly financial

6. If a cooperating organization was involved, what was its role?

The two cooperating agencies were the main providers of the program. They were the Center for Alaskan Coastal Studies and South Peninsula Haven Houe.

Financial Report (District must retain receipts of all expenditures for at least five years)

Currency Used: US Dollars Exchange Rate: _____ = 1 USD

7. Income

Sources of Income	Currency	Amount
1. District Grant funds received from the District	\$1,000	\$1,000
2. Rotary Club Contribution		
3. Other funding (specify) Individual donor through the Homer Foundation	\$1,000	\$1,000
Total Project Income	\$2,000	\$2,000

8. Expenditures (please be specific and add lines as needed)

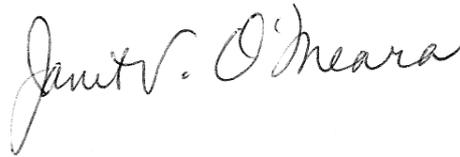
Budget Items	Name of Supplier	Currency	Amount
1. Scholarships (see attached report)	Center for Alaskan Coastal Studies	\$1,000	\$1,000

2. Supplies (see attached expense report)	Various	\$881.43	\$881.43
3. Training support (excludes \$7.56 training ti donated by provider)	South Peninsula Haven House	\$118.57	\$118.57
4.			
5.			
Total Project Expenditures		\$2,000.00	\$2,000.00

Certifying Signature

By signing this report, I confirm that to the best of my knowledge these District Grant funds were spent only for eligible items in accordance with Trustee-approved guidelines, and that all of the information contained herein is true and accurate. I warrant that I own all rights in the photographs, including copyright, and hereby grant RI and TRF a royalty free irrevocable license to use the photographs now or at any time in the future, throughout the world in any manner it so chooses and in any medium now known or later developed. This includes the right to modify the photograph(s) as necessary in RI's sole discretion. This also includes, without limitation, use on or in the web sites, magazines, brochures, pamphlets, exhibitions and any other promotional materials of RI and TRF.

Certifying Signature



Date: **January 19,
2015**

Print name, Rotary title, and club

Janet O'Meara, president 2014-2015, Rotary Club of Homer Downtown