### About the Organization

| Name of the Organization and Address | Indian Women and Child Welfare Trust  
Registered Office: 540 Group 1 DDA Janta Flats Hastsal, Uttam Nagar New Delhi- 110059 (India) |
|--------------------------------------|--------------------------------------------------------------------------------------------------|
| Contact Person & Designation         | David Dass  
(Chief Executive Officer)                                                                 |
| Telephone no.                        | Mobile No. 9810003222                                                                              |
| Email Address                        | [ceo@iwcwtministry.org](mailto:ceo@iwcwtministry.org)                                               |
| Website Address                      | [www.iwcwtministry.org](http://www.iwcwtministry.org)                                               |
| Legal Status of the Organization     | Registered under:  
Trust Registration Act 1882  
U/S 12A Registered  
Foreign Contribution (Regulation) Act 1976  
FCRA Registered  
Section 80G (5) (vi): Tax exempted for Donation                                                  |
Briefly describe the work of the organization:
The organization is primarily focusing on the development and empowerment of women and children who are residing in the urban/rural slums in India. As per the general observation many of these youth and women do not find any job to do. Some of them work as domestic workers, and as daily wage laborers in factories in teenager. The conditions or material state in which poor youth/women live is characterized by low wages, poor nutrition, and lack of access to health care, education and training.

Our organization gives emphasis on improving the daily conditions of women, children and youth existence, increasing of youth's awareness of, and readiness to act against the less visible but powerful underlying structures of subordination and inequality.

While receiving material benefits, women should not be deprived of their urge to achieve a better role, their will power to reach a higher quality of life and their commitment to an enhanced status in the family, community and society. But, poverty is known to have driven countless youth to low status, low paying occupations in domestic services or organized prostitution frequently as migrant away from their homes at times exposing them to considerable risk of economic exploitation and sexual abuse. In material terms also women and girl children in ultra-poor families are the worst sufferers, as the distribution of family resources under patriarchal system tends to be skewed against them.

The young girl and women who work as domestic workers they work within the employer's household and perform a variety of household services for an individual or for a family, from providing care for children and elderly dependents to cleaning and household maintenance. Responsibilities also include cooking, doing laundry and ironing, food shopping and other household errands. These domestic workers cited the presence of physical (including sexual), psychological and verbal abuse; Sometimes they have to work for longer periods of time. They go through various exploitations.

Some of the women and young girls work in the manufacturing factories, and/or garment factories, etc. They usually work in unsafe environments and there is always risk of physical injuries. Despite such risks they remain in these jobs as they have less or no alternatives in the city. Also these people have no access to any type of health insurance or safety health cover. They also suffer varieties of harassments at their workplaces. The nature of such harassment varies from one occupation to another. Some face verbal harassment and some experience physical harassment at their work places. Many female workers sexually harassed by their employers or bosses while working as garments factory workers. They generally do not possess the courage to protest against such harassments because of their vulnerability. If they protest they may lose their jobs and cause their families to undergo economic hardship.

Even if some of these youth and women find any jobs they do not possess any permanent employment opportunities. Most of them are illiterate, ignorant and belong to scheduled castes, scheduled tribes and others socially, economically, weaker sections of the society. At different stages they go through in a series of occupations and they often become unemployed or underemployed due to various reasons. Once they leave a job for some reasons, it becomes very difficult for them to find another job immediately. Some become unemployed due to some physical illness. As they do not possess any contractual employment, many of them become unemployed during the periods of their illness; particularly the people who work in the garment industries or other factories do not get leave for illness. If they are absent, they lose their jobs. After they recover from illness they may become employed depending on the availability of positions in the factories or industries. Some people become unemployed if they take leave to visit their native villages. Without any employment it is almost impossible to survive in the city, so they usually undertake some jobs for short periods of time and often underpaid for such jobs.
Objectives of the Organization:
Indian Women and Child Welfare Trust avowed objective is to empower the underprivileged and disadvantaged members of the society through awareness and education training and generating employment opportunity for the deprived women and girls, also to provide better health care to the children and women and motivate the mostly poor, abused and unemployed women through awareness and camp for self help income.

- To organize the people to participate in social action process for village self-reliance.
- Strengthening the savings habit in rural women and their control over economic resources.
- Improving access of women to micro credit
- To improve the habitat and environment condition of the villages with appropriate strategies.
- To promote general health of villagers particularly children and women & lactating mothers.
- To promote assistance to the aged and disabled people.
- To promote brotherhood, communal harmony, national integration and peace
- To provide primary education to the children
- To Support a widows
- To provide Food for poor children
- To provide non-formal education to the street & working children of deprived section of the society
- To save orphan children especially girl child by protecting their rights of food, shelter
- To promote literacy among adults, illiterate & needy slum dwellers in urban areas & villagers in rural areas with continuing education center.
- To conduct vocational training and counseling for adolescents and needy people
- To make people aware of general health, HIV/AIDS, legal, social and other current issues and educate them to protect themselves & family members from the common illness
- Promote equal opportunities for economic empowerment, livelihood security, and full inclusion in all aspects of society for persons with disabilities.
- To generate opportunities of income generation among unemployed people
- To provide relief to the victims of any natural or manmade tragedy
- To work with special concentration for women & child welfare issues like day care center

Activities of the Organization:
- Organizing the urban & rural poor children through our Education project.
- Promotion of health & Medical free treatment, women & child development activities
- Formation of Self-Help groups, promotion of income generating activities
- Non-formal Education schools, Residential Home for orphan and abused children.
- Networking of local groups & NGOs.
- Music and dance training for children entertainment
- Spoken English classes for the poor children
- Free coaching center for the poor children
- Sewing Centre for women and young girls
Project Proposal

Education & Healthcare for Slum Women & Children

Mission: To provide Education, Healthcare and Vocational Training for Slum Women and Children.

Location
Organization Responsible: New Delhi
: Indian Women & Child Welfare Trust
Responsible for Urban & Rural Development

Number of Beneficiaries
: 150 women & children directly

Amount Requested
: $ 52,212

Address
: Registered Office: 540 Group 1 DDA Janta Flats,
Hastsal Uttam Nagar, New Delhi-110059 (India)

Organization Profile and Background:
Indian Women and Child Welfare Trust (IWCWT) is a Social, Cultural, Economic, Health, Educational, relief and rural/urban community development organization registered in New Delhi as a charitable trust in year 2000 and with the untiring hard work of Mrs. Esther Dass and by the grace of God, this small effort has now turned into a significant organization within a period of 12 years. We are committed to the Millennium development goals. The main aim of the organization is to help people (specific target group being women and children of socio–economically weaker sections of society) be aware of their rights to education, good health and self-respect.

Objectives of the Project

Project Proposal:
Indian Women and Child Welfare Trust for Urban & Rural Development has undertaken a program, which aims at the Education and Health project for women and children in rural villages/slums in India.

This project has two objectives/ programs:

- Education Program:
- Health project:
Description of the Project Work
The project goals are to develop the educational qualification in slum children, youth and backward women in the community. In this way the organization will play its role in poverty eradication of this section of the society and provide literacy and awareness on necessary developmental subjects.

To reach these goals the organization is planning to run Vocational Training Classes, Health Awareness programs and Economic Development Classes for the target community and assist them to start income generation programs.

This project is divided into the following components:
Women & Child Education Program: The status of the girls in the community is very poor. The literacy rate among women in the slums is 28%. The girls typically leave school after the 6th grade and many never get the opportunity to go to school due to poor socioeconomic status of the community. The girls are also subjected to constant gender discrimination. Often, parents prefer to send their sons to schools rather than their daughters. The children are also expected to work in order to support the family. Due to lack of adequate educational resources for the girls in the slums Indian Women and Child Welfare Trust for Urban & Rural Development felt that there is a strong need for an educational program specifically for women and girl child education. 150 Women and girls (rag pickers, housemaids and sibling caretakers) were selected by Indian Women and Child Welfare Trust for Urban & Rural Development staff.

These women and girls will get direct benefit from this project. At the same time, 500 other children will get the benefit indirectly, through awareness programs based on this project. The progress of children in this program will be closely monitored and those who are weak in studies will be given extra support from the teachers. Indian Women and Child Welfare Trust for Urban & Rural Development’s intention is to make sure that dropout rates be reduced through this project. Awareness meetings and counseling among the community would help remove the gender discrimination that is quite persistent in the community at present. This project will also expose these girls to more opportunities and make them self-reliant. Parents as well as the rest of the slum community will be exposed to the importance of Child Rights through this program. Street and working children will benefit from this program through education opportunities.

The project will be monitored at every stage of implementation through the “Board of Trustees” consisting of the President and Secretary of the implementing agency, official nominee from funding agency, President and Secretary of the women SHG group, social worker, resource person/educationalist using various qualitative and quantitative indicators for measuring success levels of the projects.

The groups achieving satisfactory performance will be put on high priority and these found below satisfaction level will be taken for interim evaluation to learn lessons for remedial measures and cautions to be observed.
Indicators of achievement
A) Qualitative indicators
- Increase in self esteem, individual and collective confidence.
- Increase in articulation, knowledge and awareness levels, on issues affecting the community at large and women in particular.
- Increase or decrease in personal leisure time and time for child care.
- Increase/decrease in work loads of women as a result of new initiatives.
- Change in roles and responsibility in the family and community.
- Visible decrease in domestic violence.
- Responses to, and changes in social customs.
- Visible changes in women participation levels, increase in bargaining power of the women as an individual in the home and community.
- Increased access to the knowledge/information of the project.
- Formulation of cohesive and articulated women's groups at village/block/district and state level.
- Positive change in social attitudes.
- Awareness and recognition of women's economic contribution within and outside household.
- Women's decision making and centers of expenditure.

Quantitative indicators
a) Demographic trends
- Maternal/mortality rates
- Fertility rates
- Sex ratio
- Life expectancy
- Average age of marriage

b) Number of youth and women participating in different development programs.
c) Greater access and control over community resources and government schemes.
d) Visible changes in physical health/status/nutrition levels.
e) Changes in literacy levels.

Health Project:
The health center was set up to address the urgent need of the slum and poor children and their parents of slums in an affordable manner. The biggest challenge for these people should not be done without the medical treatment and a proper medication.

However, with steadfast determination and planning we are able to secure the much needed doctors. Apart from providing standard health care services to the local needy children and women’s, the health center has achieved commendable progress in spreading awareness regarding health issues, family planning and also in undertaking periodic cleanliness drives. Additionally the Indian Women and Child Welfare Trust also provide free Eye & Medical camp for the beneficiaries.
The following table gives the information about the monetary aspects of the project.

<table>
<thead>
<tr>
<th>S no.</th>
<th>Items</th>
<th>Quantity</th>
<th>Unit price (US Dollars)</th>
<th>Total Unit Amount (US Dollars)</th>
</tr>
</thead>
<tbody>
<tr>
<td>1</td>
<td>School Furniture</td>
<td>30 Table &amp; Chairs</td>
<td>$27 each set</td>
<td>$810</td>
</tr>
<tr>
<td>2</td>
<td>Desktop Computer and Computer Table</td>
<td>20 sets</td>
<td>$509 each set</td>
<td>$10180</td>
</tr>
<tr>
<td>3</td>
<td>Drinking Water Cooler</td>
<td>1</td>
<td>$364</td>
<td>$364</td>
</tr>
<tr>
<td>4</td>
<td>Training Equipment (books, copies, pencil etc.)</td>
<td>150 sets</td>
<td>$55 each set</td>
<td>$8250</td>
</tr>
<tr>
<td>5</td>
<td>Air Cooler</td>
<td>2</td>
<td>$145</td>
<td>$290</td>
</tr>
<tr>
<td>6</td>
<td>Medical instruments</td>
<td></td>
<td></td>
<td>$3636</td>
</tr>
<tr>
<td>7</td>
<td>Medical Van</td>
<td>1</td>
<td></td>
<td>$7427</td>
</tr>
<tr>
<td>8</td>
<td>Office furniture</td>
<td></td>
<td></td>
<td>$2727</td>
</tr>
<tr>
<td>9</td>
<td>Advertisement</td>
<td></td>
<td></td>
<td>$364</td>
</tr>
<tr>
<td>10</td>
<td>Printing &amp; stationary</td>
<td></td>
<td></td>
<td>$455</td>
</tr>
<tr>
<td>11</td>
<td>Administration</td>
<td></td>
<td></td>
<td>$3636</td>
</tr>
<tr>
<td></td>
<td><strong>Total Amount</strong></td>
<td></td>
<td></td>
<td><strong>$38139</strong></td>
</tr>
</tbody>
</table>
The breakdown of recurring cost of the project per year.

<table>
<thead>
<tr>
<th>S. No.</th>
<th>Items</th>
<th>Cost (US Dollars)</th>
<th>Total Amount (US Dollars)</th>
</tr>
</thead>
<tbody>
<tr>
<td>1</td>
<td>Project Rent</td>
<td>$ 182</td>
<td>$ 2182</td>
</tr>
<tr>
<td>2</td>
<td>6 Teacher’s salary</td>
<td>$ 327 each</td>
<td>$ 3927</td>
</tr>
<tr>
<td>3</td>
<td>2 Care givers salary</td>
<td>$ 73 each</td>
<td>$ 873</td>
</tr>
<tr>
<td>4</td>
<td>5 medical volunteers</td>
<td>$ 45 each</td>
<td>$ 545</td>
</tr>
<tr>
<td>5</td>
<td>3 Doctor’s Salary</td>
<td>$ 273 each</td>
<td>$ 3273</td>
</tr>
<tr>
<td>6</td>
<td>Project Coordinator’s salary</td>
<td>$ 91</td>
<td>$ 1091</td>
</tr>
<tr>
<td>7</td>
<td>Accountant’s salary</td>
<td>$ 109</td>
<td>$ 1309</td>
</tr>
<tr>
<td>8</td>
<td>2 Cook</td>
<td>$ 73 each</td>
<td>$ 873</td>
</tr>
<tr>
<td></td>
<td><strong>Total Amount</strong></td>
<td></td>
<td><strong>$ 14073</strong></td>
</tr>
</tbody>
</table>

**One-time Expenses:** $ 38,139

**Recurring expenses for 1 year:** $ 14,073

**Total Budget for 1 Year Project:** $ 52,212

*(Future Plan: To run education & Health Project in Bihar, Uttar Pradesh and Orissa)*

**Name of the Applicant Organization:** Indian Women and Child Welfare Trust

**Name of the Responsible Individual:** David Dass

**Title/Designation:** Chief Executive Officer