ROTARY CLUB

of

PANAJI MID-TOWN

Home Care Nursing School

An Economic & Community Development project

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An Economic & Community Development project

BY

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With world's largest population of youth residing in India, it is indeed very challenging to create right kind of skills among youth to get gainfully employed. The challenge is even more accentuated in case of weaker sections of community with limited educational qualifications.

To meet this challenge, The **Rotary Club of Panaji Mid-Town** (RCPMT) in keeping with Rotary International's key focus area of *Economic & Community Development* has decided to focus on skills to be imparted to youth with limited literacy. As a part of this activity RCPMT proposes to provide infrastructure & sustainability for a new "**Home Care Nursing School**".

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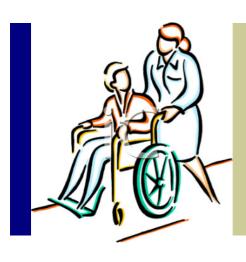
Questions to consider

How does the activity fit within the policies of the areas of focus?

The area of focus for this project is _Economic & Community Development_.

By virtue of being literate in a limited way, a large number of youth today are unable to get right kind of jobs. On other hand, with emergence of nuclear & double income families, there is a need to attend to elders at home. Very often, there are cases of elders at home who need to be attended to do even their daily chores. Much as the earning members of the family would like to attend to their elder family members, they are unable to do so due to paucity of time or work commitments. This gap of providing care for elders can be bridged by providing youth with training in Home Nursing Care & making them eligible for appropriate employment. The Nurses trained at this school can then attend to elders in the comfort of their homes.

How can we make the activity sustainable?

RCPMT has particularly focussed on sustainability of this project & proposes to partner a very reputed charitable organisation "_Rugnashray_" for this project. **RCPMT** has been working with _Rugnashray_ for last few years in Community Development projects & has given **RCPMT** confidence on sustaining the infrastructure provided. _Rugnashray_ is a centre in operation since November 2007. It is located in proximity of Goa Medical College Complex & has its own independent building. It has facilities to accommodate 54 patients who come from distant places & need to visit OPD of GMC Hospital for frequent treatment. By using _Rugnashray_ facility, the patients are saved the inconvenience of going back to their distant home & returning again & again to GMC complex. Typically in a year more than 800 patients & their relatives use this facility. A brochure of _Rugnashray_ is attached.

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Some of the projects which are operational at *Rugnashray* in partnership with RCPMT as also other Rotary clubs are:

Physiotherapy centre: This centre was started in February 2010 with all the equipments provided by RCPMT. *Rugnashray* has engaged services of a Doctor to treat patients. Every year around 75 patients arer treated free of cost at this centre.

Ambulance: RCPMT has provided this ambulance to *Rugnashray*. The vehicle maintenance is looked after by *Rugnashray*. It is typically used to transport inmates of *Rugnashray* to & fro from home or hospital. The service is provided free to needy patients. Every year approximately 250 patients use this service.

Jaipur Foot Centre: This centre has been operational since November 2011 in cooperation with Rotary Club of Mapusa. Every year more than 40 patients get treated at this centre.

Keeping in mind above instances, **RCPMT** is confident that *Rugnashray* will be using the infrastructure of the **Home Care Nursing School** appropriately & in sustainable manner. *Rugnashray* has proposed to offer their premises for classes & dormitory for students. The **Home Care Nursing School** will run a 6 monthly residential sandwich course which will include 3 months of practical training by attending patients at Goa Medical College.

Rugnashray will bear the entire cost of lodging, boarding & tuition of the students. **RCPMT** proposes to support first 3 batches through the grant for this project. Subsequently *Rugnashray* will sustain this school through their regular fund raising means. The theory classes of Home Care Nursing School will be run by Jana Shikshan Sanstha, which is administered by National Literacy Mission Authority under Ministry of HRD, Government of India. The successful candidates will be awarded a certificate which is recognised by Government of India. Necessary interaction with Jana Shikshan Sanstha has been completed for project evaluation.

It has also been agreed that *Rugnashray* will also be maintaining a database for address details of its past students to facilitate their employment.

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Is there strong community support for the project?

The interaction with families needing home care for their elders as also with staff of GMC Hospital has indicated an overwhelming demand for such certified Home Care Nurses. The students to this Nursing School are expected to come from economically backward members of community. On qualifying through the school, they are expected to be gainfully employed.
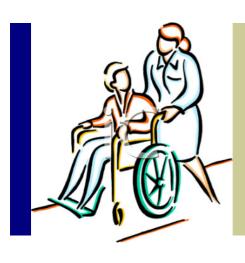
How will we measure the project's success?

The success of this project will be measured by the number of students passing from the school. Secondary measure of the success can be the number of nurses gainfully employed.

Who will benefit from the project?

The project is expected to benefit the community at 2 levels. At first level, youth from economically backward families will be given free education & training in a profession which is very important to society. They will be elevated to respected level in community. Simultaneously, the youth will be gainfully employed thereby resulting in escape from lower standards of living.

At second level, the absence of care to elders at home will be resolved. Today there is a critical shortage of trained people availability to attend to senior citizens who are unable to attend to their daily chores. The youth trained at this school are expected to solve the issue of providing care to such senior citizens.

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Objectives

In a few short sentences, tell us your objectives for this global grant.

This project is aimed at giving the community enormous gains by attempting to provide benefit to multiple sections of community. Primarily the youth from economically lower strata of community will be trained in a profession which is respected. Keeping in mind the background of these youth, the education & training given will be free of cost. The youth are expected to be gainfully employed. The course expected to be more popular among girls & will help them stand independently in community.

The other beneficiary will be that segment of community who is currently facing shortage of trained persons to attend to home nursing need of senior citizens. Inspite of affordability, family members are unable to get trained home nurses to attend to senior citizens. Such home care can improve quality of life of senior citizens who are unable to take care of their daily chores.
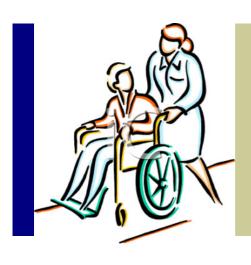
Where will your project take place?

The project will be implemented on premises owned by Rugnashray at V.S Dhempo Road, Kalapur, Tiswadi, Goa (Tel 0091 832 2914338)

When do you anticipate your project will take place?

The project can be started within 2 months of Grant sanction and receipt of funds. The first batch will pass in six months of project start date.

What community needs will your project address and how were these needs identified? Provide any relevant data or survey results.

- Gainful employment of youth from economically backward community.
- Dignity to youth through a respected profession
- Being a preferred profession among girls, it will help them in becoming independent through gainful employment.
- Elders who need Home Nursing care will be able to lead quality

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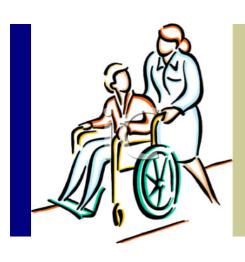**Detail how your project will address these community needs.**

How were members of the local community involved in planning the project? Does your project align with any current or ongoing local initiatives?

RCPMT visited multiple charitable institutions to assess the community needs. After due discussions, **Home Nursing Care School** was identified as the most critical need of the community.

Describe any training, community outreach, or education programs, if applicable, and who will conduct them. How will recipients be selected?

The course details will be published in local vernacular newspaper popular in rural areas. Pamphlets giving details of the course will be mailed to charitable organisations & requested to propose students.

Selection of Students will be done through interviews by a panel consisting of Nominees of **RCPMT**, Rugnashray & Faculty Doctor from Goa Medical College.

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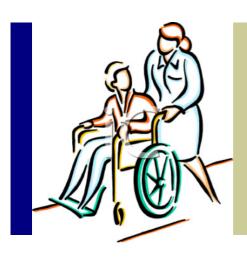# ROTARY CLUB *of* PANAJI MID-TOWN

Areas of Focus

Global grants must support the goals of at least one of Rotary's areas of focus. You will be asked to select the applicable area of focus and the goals that your activity will support.
How will you meet these goals?

The area of focus for this project is *Economic & Community Development*
This project is aimed at giving the community enormous gains by attempting to provide benefit to multiple sections of community. Primarily the youth from economically lower strata of community will be trained in a profession which is respected. Keeping in mind the background of these youth, the education & training given will be free of cost. The youth are expected to be gainfully employed. The course expected to be more popular among girls & will help them stand independently in community.

The other beneficiary will be that segment of community who is currently facing shortage of trained persons to attend to home nursing need of senior citizens. Inspite of affordability, family members are unable to get trained home nurses to attend to senior citizens. Such home care can improve quality of life of senior citizens who are unable to take care of their daily chores.

How will you measure your impact (involves choosing a measure, target, measurement method, and measurement schedule)?

Baseline Data	Concrete project Measure	Data Collection method
Unemployed youth from economically backward sections of community	Number of youth qualified as Home Care Nurses	Cumulative count, year wise of Home Care Nurses successfully completing the course. Data to be maintained at Home Care Nursing School.
Unattended senior citizens due to lack of home nursing care	Number of Home care Nurses gainfully employed at homes	Count of Home Care Nurses gainfully employed at home. Data to be maintained at Rugnashray.
Unattended members of community in hospitals due to limitations of family members	Number of Home care Nurses gainfully serving in hospitals	Count of Home Care Nurses gainfully employed in hospitals. Data to be maintained at Rugnashray.

Who will be responsible for collecting information for monitoring and evaluation?

RCPMT will nominate a committee to monitor the project during its implementation & to ensure its sustainability. This committee will collect the data & monitor progress of the project. Data will be collected from **Home Care Nursing School** & *Rugnashray*.
Evaluation will be done by Panel consisting of Nominees of **RCPMT**, *Rugnashray* & Faculty Doctor from Goa Medical College

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Financial Management Plan (all figures in INR)

Class Room & laboratory cost

Sr	Item	Rate	Qty	Total
1	Black board	17,000	1	17,000
2	White marker board	4,000	1	4,000
3	Benches	3,500	15	52,500
4	Mackintosh 6mts	1,000	1	1,000
5	Pillow	500	1	500
6	Lab Equipment(Instruments, Medi-cines, Bandages, etc)		1	80,000
7	Projector	50,000	1	50,000
8	Fans	2,000	6	12,000
9	Tables	10,000	2	20,000
			Total	**2,37,000**

Dormitory costs

Sr No	Item	Rate	Qty	Total
1	Beds	3,500	15	52,500
2	Mattresses/pillow	2,000	15	30,000
3	Linen	1,500	15	22,500
4	Cupboard	8,000	15	1,20,000
5	CC TV	1,00,000	1	1,00,000
6	Fans	2,000	15	30,000
			Total	**3,55,000**

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Running costs

	Assumptions		
1	No of students	15	
Sr No	Direst costs	Rate /month	Total for 6 mths
1	Bf/Lunch/Dinner	4,650	27,900
2	Stipend	2,000	12,000
3	Stationary		500
4	Uniforms-3 sets	1,500	4,500
		Total/student	**44,900**
	Common costs		
1	Water charges	3,500	21,000
2	Electricity charges	4,000	24,000
3	Housekeeping	1,500	9,000
4	Yoga teacher	3,000	18,000
5	Consumables for lab	5,000	30,000
6	Administrator	14,650	87,900
7	Linen	1,000	6,000
		Total	**1,95,900**

Summary

	Capital costs	
1	Classroom & Lab	2,37,000
2	Dormitory	3,55,000
	Total	**5,92,000**
	Running cost/batch	8,69,400
	cost of student/batch	57,960
	Cost to support 3 batches	26,08,200
	Request for Project Grant	
1	**Capital costs**	**5,92,000**
2	**Cost to support 3 batches**	**26,08,200**
	Total Grant Request	**32,00,200**

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Once the admissions are completed for the batch of 15 students, after due diligence such as noting the names of students, an amount of **Rs 8,69,400** will be released to **Home Care Nursing School**. **RCPMT** will ensure the sustainability for 3 batches (One & half year period from starting of school), by which time Rugnashray would have streamlined their fund raising. **RCPMT** will also continue to work on endowment funds with Individuals and corporate to sustain the project on long term basis.

Schedule of Project implementation

	Months	1	2	3	4	5	6	7	8
1	Approval of Grant								
2	Procurement of Classrom, Lab & Dormitory equipment	██	██						
	1st Batch of Students								
3	Student Admission process	██	██						
4	Theory classes(Full day)			██					
5	Theory classes(Morning) + Practical trainining (afternoon)				██	██			
6	Practical training in hospitals(day time)						██		
7	Practical training in hospitals(day time+ night time)							██	██
8	Batch certified by Jana Shikshan Sansthan								██
					6 months				