



Helping Others by
Turning Despair into
HOPE!

One-Stop Safety Net Services

Helping Others Prepare for Eternity (H.O.P.E.) was established in 1997 to turn "despair into Hope" in the lives of abandoned or abused women and children. The organization has grown from its humble beginnings 20 years ago, starting from the trunk of the founder's car into a comprehensive safety net of support services. Today H.O.P.E. is a multifaceted family support center serving over 2800 of Orange County's most disadvantaged families. H.O.P.E. provides a vast array of support services with a focus on domestic violence prevention, basic needs, food insecurity and the development of healthy life skills and self-sufficiency.



H.O.P.E.'s three core programs:

- **Basic needs program:** A one-stop safety net for families in need who have survived horrendous challenges. Services include access to healthy food, including fresh meat, vegetables and fruit. Families also are provided clothing, hygiene products, baby essentials and cleaning materials. Families are also offered emergency services and advocacy. H.O.P.E. works collaboratively with other agencies to provide additional resources, referrals and opportunities for self-sustainability.
- **"Helping Women Succeed":** This program focuses on both the physical and mental well-being of the women. It helps participants to build self-confidence and to develop the skills needed to overcome challenges in the workforce. Classes led by professional facilitators include assertiveness training and effective communication.
- **M&m Youth Mentor Program:** is an educational intervention program that enriches the lives of children ages 7-17. H.O.P.E. collaborates with many community partners, including Garden Grove Unified School District, CSP and domestic violence shelters. H.O.P.E. has created a learning environment where at-risk children have free access to tutoring, music lessons, and enrichment through the Science, Technology, Engineering, and Math (STEM) services. The M&m Youth Mentor Program is designed to ensure that each child achieves academic success and ultimately, life fortification.



H.O.P.E.



H.O.P.E.'s mission is to provide a myriad of support services to abandoned/abused women and children from low income families. Its long-term goal is to break Orange County's multi-generational cycles of poverty, food insecurity, illiteracy, substance abuse, and domestic violence in families.

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