

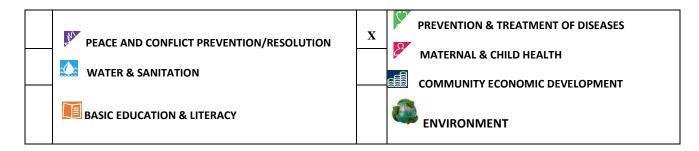
ROTARY CLUB: CARTAGENA DE INDIAS

ROTARY DISTRICT: 4271

CITY: CARTAGENA

NAME OF THE PROJECT: ACTIVELY CONNECT2 WITH SCHOOLS: I.E. Bayunca, I.E. Pontezuela, I.E. Jorge Artel, Liceo De Bolívar and the I.E. The Seagulls.

AREAS OF INTEREST:



OBJECTIVES OF THE PROJECT:

Develop training programs for awareness and the prevention of mental health illnesses and alcohol or drug abuse, through the training by each institution of 40 students from 7th to 10th grade, 40 parents and 15 teachers, complemented by the organization of networks within them that allow improve access to health services, with the aim of reducing the incidence and consequences of these diseases.

DESCRIPTION OF THE PROJECT:

Our project formulated in alliance with the collaborating organization Asociación Niños de Papel is the continuity of an intervention process that began in 2022 in these schools and is aimed at promoting the development and strengthening of social skills in young people in school and adults (caregivers, parents and teachers) in the face of social and family problems associated with mental health and the experimental and habitual use of psychoactive substances in these five (5) educational institutions identified as high risk due to the high incidence of reported cases.

The collaborating organization Asociación Niños de Papel is a Non-Governmental Organization (NGO) that has existed in Colombia for 33 years and that has always generated multiple proposals for the comprehensive and integrated intervention of individual or collective situations that put at risk emotional development, mental health and the dynamics of the family and social environment of Colombian boys, girls, adolescents and young people. Since 2016, it has been duly authorized as an IPS specialized in the treatment and rehabilitation of the mental health of minors, with or without consumption of psychoactive substances, and has recognition at the regional, national and international level such as: the National Good Practices Award of Reduction of Psychoactive Substance Consumption awarded by the National Mental Health Council in October 2020, the 2001 Reina Sofia Against Drugs award, 2012 Ventures award in the social impact category, CEPSA 2012 Social Value award, among others. Likewise, it is Certified by ICONTEC with the ISO 9001 Standard, which also guarantees the seriousness and quality of its services.

The project of this collaborating organization that we propose to support through this grant is made up of 4 phases:

PHASE 1: Perceptual analysis of reality in each educational context and selection of youth leaders. This first phase has been previously developed by members of the Cartagena de Indias Rotary Club and the collaborating organization Asociación Niños de Papel. The results of this phase have been used in order to have the diagnosis or baseline that will allow the following phases to be developed.

The resources that are intended to be managed with this subsidy will be used for the development of phases 2,3, and 4, which consist of:

PHASE 2: TRAINING BOYS, GIRLS, ADOLESCENTS AND YOUNG PEOPLE (NNAJ) LEADERS IN ACTIVE LISTENING METHODOLOGY (Duration 3 months)

Phase 2 consists of the following steps:

- 1. 40-hour training on tools and techniques for motivation, engagement, active listening and helping relationships.
- 2. Development of a training process in the application of screening tests for the psychosocial teams of each Educational Institution

PHASE 4: SUPPORT FOR THE INSTITUTIONAL STRENGTHENING AND SUSTAINATION OF THE STRATEGY (Duration: Transversal to the project)

- 1. Development of mappings to identify other organizations (community resource network) with whom joint work can be developed.
- 2. Support in the management of conflicts and/or situations identified in educational entities and that require the support of specialized personnel
- 3. Strengthening the links and relationships of the members of the operational network and the resource network of the other community devices of the Papel Children network
- 4. Evaluation of the process and result indicators of the strategy.

PLEASE DESCRIBE WHAT NEEDS YOU IDENTIFY? HOW WILL THE PROJECT MEET THESE NEEDS? WHO WILL BE THE BENEFICIARY OF THIS PROJECT? CITE AN ESTIMATED NUMBER OF BENEFICIARIES.

In the first session, the Cartagena de Indias Rotary Club and Niño de Papel applied projective tests to identify youth leaders to be linked to the CONECTA2 SANA-MENTES training school. One of the instruments applied was the Youth Leadership Test, with the aim of:

- 1. Identify and describe the abilities and skills of the evaluated students regarding leading, managing and directing others.
- 2. How your characteristics and skills fit your leadership positions and,
- 3. It serves as a tool to define the focus of training on leadership issues carried out for the student population with the aim of strengthening these skills.

Another of the instruments applied during this first phase was the Leaders Temperament Screening, which helps us identify the most predominant temperaments and how we can deal with them, learning to self-regulate. As a result of the interpretation, it is evident that the prominent temperament profiles in the student population are sanguine and multiple, with variable predominance in different educational institutions.

Taking these results into account, the youth leaders were selected, it was possible to determine which topics fit the identified profiles and it was defined which work methodology fits the needs of the educational institutions.

Subsequently, with the selected leaders in a second session, an initial participatory diagnosis of the educational institutions was carried out, for the identification of the needs and demands related to mental health and the prevention of consumption of psychoactive substances in each community, for the subsequent development of the joint intervention plan with the resource network, the leader network and the inter-institutional networks. For this participatory diagnosis we use the tool "Climate Perception and Functioning Scale of the Student Center."

Taking into account the previously detailed results of Phase 1 of the HEALTHY CONNECTED WITH PAPER CHILDREN SCHOOLS project, it can be concluded that in the 5 educational institutions approached in the District of Cartagena that actively participated in the diagnosis, a high need is evident. psychosocial intervention, identifying social and behavioral problems associated with mental health problems and experimental consumption of psychoactive substances that students face.

Starting from the analysis and diagnosis of each institution, the need for the development of phases 2, 3 and 4 of this project is concluded, which will benefit the educational community of these 5 educational institutions: I.E. Pontezuela, Jorge Artel, Antonia Santos, Fulgencio Lequerica and Omaira Sánchez, training in each institution 40 students from grades 7 to 10, 40 parents and 15 teachers who will be multipliers, with the aim of strengthening leadership strategies, generating changes and positive actions, strengthen soft skills and capacity development in institutions. These trained leaders will become multipliers, benefiting the educational community of these institutions that each have more than 1,000 students.

SUSTAINABILITY:

The sustainability of this project is guaranteed through the organization of the Intersectoral Network, whose objective is to promote Intersectoral actions to address the various problems associated with mental health and the use of psychoactive substances, thus guaranteeing the sustainability of the intervention.

IS THE COMMUNITY INVOLVED? DESCRIBE THE ROLE OF THE LOCAL COMMUNITY IN THE IMPLEMENTATION AND CONTINUITY OF THE PROJECT.

If it is involved, then there is the manifest commitment of groups of students, parents and school teachers. Additionally, the organization of a Community Subjective Network is planned that will help prevent the risk factors present in the educational community, by promoting protective environments for the maintenance of mental health and the prevention of the consumption of psychoactive substances.

FINANCING OF THE PROJECT

Value of the project	USD\$	44.757
Contributions from the Club and other clubs in the D4271	USD\$	1.056
Expected contributions from other clubs abroad	USD\$	10.425
District 4271 DDF	USD\$	2.487
Expected contributions from other districts abroad	USD\$	16.000
The Rotary Foundation	USD\$	14.789

Thanks to your support, our club will help the community by solving its most important needs. We appreciate the analysis of this project. For more information contact:

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